

# Effect of short- and long-acting $\beta_2$ -adrenoceptor agonists on pulmonary $\beta_2$ -adrenoceptor expression in human lung

Masanori Nishikawa<sup>1</sup>, Judith C.W. Mak, Peter J. Barnes<sup>\*</sup>

*Department of Thoracic Medicine, National Heart and Lung Institute, Imperial College of Science, Technology and Medicine, Dovehouse Street, London SW3 6LY, UK*

Received 18 July 1996; revised 2 September 1996; accepted 20 September 1996

---

## Abstract

$\beta$ -Adrenoceptor agonists induce the down-regulation of  $\beta_2$ -adrenoceptors and mRNA expression in animal lung. The down-regulation of  $\beta_2$ -adrenoceptors may limit the therapeutic efficacy of  $\beta_2$ -adrenoceptor-mediated bronchodilators in obstructive airways disease. We examined the effects of three selective  $\beta_2$ -adrenoceptor agonists, salbutamol, salmeterol and formoterol on  $\beta_2$ -adrenoceptor binding and mRNA levels in human lung in vitro. Human lung was obtained from cardiac transplantation donors. Peripheral lung was chopped and incubated with three selective  $\beta_2$ -adrenoceptor agonist for 3 h or 24 h at three different concentrations (0.1, 1 and 10  $\mu$ M). The affinity and density of  $\beta_2$ -adrenoceptors was determined by [<sup>125</sup>I]iodocyanopindolol equilibrium binding in a lung membrane preparation in the presence of 0.1  $\mu$ M CGP 20712 A (1-[2-[(3-carbamoyl-4-hydroxy)phenoxy]ethylamino]-3-[4-(1-methyl-4-trifluoromethyl-2-imidazolyl)phenoxy]-propan-2-ol), a selective  $\beta_1$ -adrenoceptor antagonist. Although treatment with salbutamol for 3 h did not change  $\beta_2$ -adrenoceptor density, both salmeterol and formoterol reduced  $\beta_2$ -adrenoceptor density, and exposure to each agonist for 24 h reduced  $\beta_2$ -adrenoceptor density at all concentrations. Treatment with 10  $\mu$ M salmeterol increased the equilibrium dissociation constant ( $K_d$ ), and also shifted the competition curves of (–)-isoprenaline to the left.  $\beta_2$ -Adrenoceptor mRNA, measured by Northern blot analysis using a human  $\beta_2$ -adrenoceptor cDNA probe, was reduced after exposure to all  $\beta_2$ -adrenoceptor agonists at 3 h. Our data provide evidence for down-regulation of  $\beta_2$ -adrenoceptor protein and mRNA after selective  $\beta_2$ -adrenoceptor agonist treatment in human lung.

**Keywords:** Down-regulation;  $\beta_2$ -Adrenoceptor; Salbutamol; Salmeterol; Formoterol; Lung, human

---

## 1. Introduction

Selective  $\beta_2$ -adrenoceptor agonists are far the most effective bronchodilators in current use for the treatment of asthma. When taken by inhalation they rapidly relieve symptoms and protect against all known bronchoconstrictor mechanisms, since they are functional antagonists and are effective on large and small airways (Nelson, 1995). It is common clinical practice for  $\beta_2$ -adrenoceptor agonists to be given as a regular medication, but this may mask the underlying inflammatory process and the need for anti-inflammatory drugs (Barnes and Chung, 1992; Barnes, 1995).

There is some evidence that regular treatment with  $\beta_2$ -adrenoceptor agonists makes asthma more difficult to control (Sears et al., 1990; Taylor et al., 1993) and may even increase airway inflammation (Manolitsas et al., 1995).

Whether desensitization or tolerance to inhaled  $\beta_2$ -adrenoceptor agonists is a clinical problem is still not clear. Although there is no loss of bronchodilator response to selective  $\beta_2$ -adrenoceptor agonists after regular treatment (Tattersfield, 1985; O'Connor et al., 1992), several studies demonstrated loss of protection against bronchoconstrictor challenges with both short-acting  $\beta_2$ -adrenoceptor agonists (O'Connor et al., 1992; Cockcroft et al., 1993), and the long-acting  $\beta_2$ -adrenoceptor agonists, salmeterol and formoterol (Cheung et al., 1992; Yates et al., 1995). Down-regulation after selective  $\beta_2$ -adrenoceptor agonist use could limit the therapeutic efficacy of  $\beta_2$ -adrenoceptor-mediated bronchodilation therapy in bronchial asthma (Barnes and Chung, 1992). Prolonged administration of  $\beta_2$ -adrenoceptor agonists induces the down-regu-

---

<sup>\*</sup> Corresponding author. Tel.: (44-171) 351-8174; Fax: (44-171) 351-5675.

<sup>1</sup> Present address: The First Department of Internal Medicine, Yokohama City University, School of Medicine, 3-9 Fuku-ura, Kanazawa-ku, Yokohama, 236, Japan.

lation of  $\beta_2$ -adrenoceptor protein and mRNA expression in cultured cells in vitro (Haddock and Malbon, 1988), and in animal lungs in vivo (Nishikawa et al., 1993, 1994). Chronic  $\beta_2$ -adrenoceptor agonist therapy in asthmatic patients reduces  $\beta_2$ -adrenoceptor density in circulating polymorphonuclear leukocytes and lymphocytes (Galant et al., 1978; Aarons et al., 1983; Brodde et al., 1985; Hataoka et al., 1993), but it is not clear to which extent down-regulation can occur in human lung. The predominant  $\beta$ -adrenoceptor subtype in human lung are the  $\beta_2$ -adrenoceptors (70%), but  $\beta_1$ -adrenoceptors (30%) are also present, mostly in the alveolar walls (Carstairs et al., 1985; Hamid et al., 1991). In the present study, we examined the effects of the short-acting  $\beta_2$ -adrenoceptor agonist salbutamol, and the long-acting  $\beta_2$ -adrenoceptor agonists salmeterol and formoterol, on  $\beta_2$ -adrenoceptor binding sites and mRNA levels in human lung in vitro.

## 2. Materials and methods

### 2.1. Experimental procedure

Fresh human lungs were obtained from 7 normal donors (4 male, age 18–48 years, mean age 27.8 years), in which the hearts were used for cardiac transplantation. The donors were maintained on ventilation prior to organ donation and were treated with inhaled  $\beta_2$ -adrenoceptor agonists. Macroscopically normal areas of the lung were dissected free of pleura, large vessels, large airways and connective tissue. The peripheral lung tissues containing mainly bronchioles and small pulmonary blood vessels were chopped into small pieces. Incubation was performed in Ham's F-12 medium (ICN, Thame, UK) supplemented with 2 mM glutamate, 100 IU/ml penicillin, 100  $\mu$ g/ml streptomycin and 2.5  $\mu$ g/ml amphotericin B at 37°C in an incubator containing 95% air/5% CO<sub>2</sub>. The chopped lung was placed in 100 mm dishes and incubated in the absence and presence of each selective  $\beta_2$ -adrenoceptor agonist, salbutamol, salmeterol or formoterol for 3 h or 24 h at three concentrations (0.1, 1 and 10  $\mu$ M) (Kerrebijin, 1991). After washing, the tissue was frozen for the measurement of  $\beta_2$ -adrenoceptor affinity and density, and the affinity of  $\beta$ -adrenoceptors to (–)-isoprenaline. Furthermore, to investigate the change in mRNA levels, the tissue treated for 3 h was also stored for the assessment of steady-state  $\beta_2$ -adrenoceptor mRNA level.

### 2.2. Radioligand receptor binding assay

The minced lung, suspended in 10 volumes of 25 mM Tris-HCl buffer (pH 7.4, Sigma, Poole, UK) containing 0.32 M sucrose (Sigma) at 4°C, was then homogenized with a Polytron homogenizer (Kinematica, Littau-Lucerne, Switzerland) at setting 6 in 30 s bursts. The homogenate was centrifuged at 1000  $\times g$  for 10 min at 4°C to remove unhomogenized debris and the supernatant was then cen-

trifuged at 40 000  $\times g$  for 20 min at 4°C, the resulting pellet being washed and recentrifuged at the same speed. The final membranes were resuspended in incubation buffer, frozen as aliquots in liquid nitrogen and stored at –80°C, without loss of binding characteristics (Engel, 1981; Carstairs et al., 1985).

Portions of lung membrane at a protein concentration of 7.5  $\mu$ g per tube were incubated with a range of [<sup>125</sup>I]iodocyanopindolol (specific activity: 2000 Ci/mM, Amersham International, Amersham, UK) concentrations from 3 to 250 pM in the presence or absence of excess (–)-isoprenaline (200  $\mu$ M, Sigma) in 25 mM Tris-HCl buffer (pH 7.4) containing 154 mM NaCl and 1.1 mM ascorbic acid (to prevent oxidation of isoprenaline) in a final volume of 250  $\mu$ l. Incubation was carried out at 37°C for 120 min, which was found to be optimal for specific binding. Incubations were performed in triplicate. The incubation was terminated by rapid filtration through Whatman GF/C glass-fibre filters. Each filter was rapidly washed with 3  $\times$  5 ml ice-cold 25 mM Tris-HCl buffer (pH 7.4). The filters were counted in an Auto Gamma Counting System (model 5550, Packard Instrument, Pangbourne, UK) at an efficiency of 80%. Specific binding was calculated by subtracting non-specific binding from total binding. Protein concentration was determined by the method of Lowry et al. (1951), with bovine serum albumin (Sigma) as standard.

The density of  $\beta_2$ -adrenoceptors was analyzed by [<sup>125</sup>I]iodocyanopindolol equilibrium binding in the presence of 0.1  $\mu$ M CGP 20712 A (1-[2-[(3-carbamoyl-4-hydroxy)phenoxy]ethylamino]-3-[4-(1-methyl-4-trifluoromethyl-2-imidazolyl)phenoxy]propan-2-ol), a selective  $\beta_1$ -adrenoceptor antagonist, a concentration at which practically all  $\beta_1$ -adrenoceptors are occupied (Dooley et al., 1986). The affinity of  $\beta$ -adrenoceptors to (–)-isoprenaline was measured by competition curves of [<sup>125</sup>I]iodocyanopindolol in the presence of (–)-isoprenaline (10<sup>–10</sup> to 10<sup>–4</sup> M).

Equilibrium dissociation constant ( $K_d$ ), maximal binding capacity ( $B_{max}$ ), Hill coefficient ( $n_H$ ) and IC<sub>50</sub> (concentration of drug producing 50% inhibition) were obtained from individual experiments using the computer program GraphPad InPlot (ISI Software, San Diego, CA, USA).

### 2.3. Northern blot analysis

Random primer labeling was carried out with the 439 bp *Sma*I fragment from human  $\beta_2$ -adrenoceptor cDNA and the 1272 bp *Pst*I fragment from rat glyceraldehyde-3-phosphate dehydrogenase (GAPDH) cDNA using [ $\alpha$ -<sup>32</sup>P]dCTP (3000 Ci/mmol; Amersham).

Total RNA from human lung was isolated according to Chromczynski and Sacchi (1987). Total cellular RNA (20  $\mu$ g per lane) was subjected to electrophoresis on a 1% w/v agarose, 18% formaldehyde gel and blotted onto

Table 1

Effects of selective  $\beta_2$ -adrenoceptor agonists (10  $\mu$ M) on equilibrium dissociation constant ( $K_d$ ) and maximal binding capacity ( $B_{\max}$ ) of [ $^{125}$ I]iodocyanopindolol binding in the presence of CGP 20712 A in human lung membranes

		$K_d$ (pM)		$B_{\max}$ (fmol/mg protein)	
		Control	Treatment	Control	Treatment
SALB	3 h	20.09 $\pm$ 3.97	18.29 $\pm$ 3.50	96.86 $\pm$ 11.55	70.51 $\pm$ 6.81
	24 h	16.09 $\pm$ 3.15	12.54 $\pm$ 1.61	79.06 $\pm$ 12.33	47.14 $\pm$ 10.96 <sup>a</sup>
SALM	3 h	20.09 $\pm$ 3.97	55.02 $\pm$ 14.80 <sup>a</sup>	96.86 $\pm$ 11.55	33.67 $\pm$ 10.49 <sup>b</sup>
	24 h	16.09 $\pm$ 3.15	113.92 $\pm$ 35.11 <sup>b</sup>	79.06 $\pm$ 12.33	35.31 $\pm$ 6.18 <sup>b</sup>
FORM	3 h	20.09 $\pm$ 3.97	20.56 $\pm$ 3.822	96.86 $\pm$ 11.55	48.53 $\pm$ 7.60 <sup>b</sup>
	24 h	16.09 $\pm$ 3.15	20.89 $\pm$ 5.56	79.06 $\pm$ 12.33	43.60 $\pm$ 5.35 <sup>b</sup>

SALB, salbutamol; SALM, salmeterol; FORM, formoterol. <sup>a</sup>  $P < 0.05$ ; <sup>b</sup>  $P < 0.01$  compared to corresponding value.

Hybond-N membranes (Amersham) by capillary blotting. After prehybridization for 4 h at 42°C in buffer containing 5  $\times$  Denhardt's solution, 5  $\times$  standard saline citrate (SSC), 10 mM NaH<sub>2</sub>PO<sub>4</sub>, 0.1% sodium dodecyl sulfate (SDS), 250  $\mu$ g/ml sonicated denatured salmon sperm DNA and 50% formamide, the blot was hybridized for 20 h at 42°C with <sup>32</sup>P-labeled human  $\beta_2$ -adrenoceptor DNA probe (1  $\times$  10<sup>6</sup> cpm/ml) in prehybridization buffer. Each blot was washed twice with 2  $\times$  SSC/0.1% SDS at room temperature and twice with 2  $\times$  SSC/0.1% SDS for 30 min, once with 1  $\times$  SSC/0.1% SDS for 30 min at 42°C and finally with 0.1  $\times$  SSC/0.1% SDS for 20 min at 55°C, and exposed at  $-80^\circ\text{C}$  for 7 days to Kodak X-OMAT S film with an intensifying screen. After autoradiography, blots were stripped for reprobing with GAPDH cDNA probe.

The autoradiograms were scanned with a laser densitometer (Protein and DNA ImageWare System, Discovery Series, New York, NY, USA). The amount of  $\beta_2$ -adrenoceptor mRNA was quantified relative to the amount of GAPDH mRNA on the same filter.

#### 2.4. Analysis of results

The experimental data are expressed as mean  $\pm$  standard error of the mean (S.E.M.). Groups of the data were evaluated by analysis of variance (ANOVA) following

Dunnett's test for comparing the means of multiple groups using the computer program GraphPad InStat. Values of  $P < 0.05$  were considered to be statistically significant.

### 3. Results

#### 3.1. Effects of selective $\beta_2$ -adrenoceptor agonists on $\beta_2$ -adrenoceptor affinity and density

The  $\beta_2$ -adrenoceptor affinity and density after incubation with selective  $\beta_2$ -adrenoceptor agonists, salbutamol (10  $\mu$ M), salmeterol (10  $\mu$ M) and formoterol (10  $\mu$ M), are summarized in Table 1. Incubation with salbutamol for 3 h caused no change in  $\beta_2$ -adrenoceptor density, whereas incubations with salbutamol for 24 h or with salmeterol and formoterol for 3 h and 24 h caused 40–65% reduction in  $B_{\max}$  values compared with control incubation. There was a significant reduction in  $\beta_2$ -adrenoceptor density after incubation with salbutamol for 24 h and with salmeterol and formoterol for 3 h and 24 h (Figs. 1 and 2). The  $K_d$  values after treatment with 10  $\mu$ M salmeterol for 3 h and 24 h were significantly increased compared to the corresponding control values, whereas  $K_d$  was unaffected after incubation with salbutamol and formoterol.

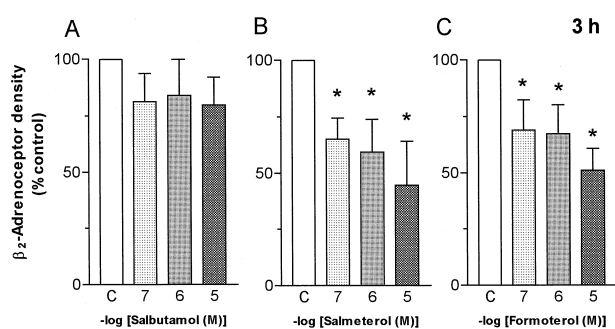


Fig. 1. Effects of salbutamol (panel A), salmeterol (panel B) and formoterol (panel C) treatment for 3 h on  $\beta_2$ -adrenoceptor density in human lung. Mean values ( $\pm$  S.E.M.) are shown, expressed as percent change from the control value; significance of difference from the control value: \*  $P < 0.05$ .

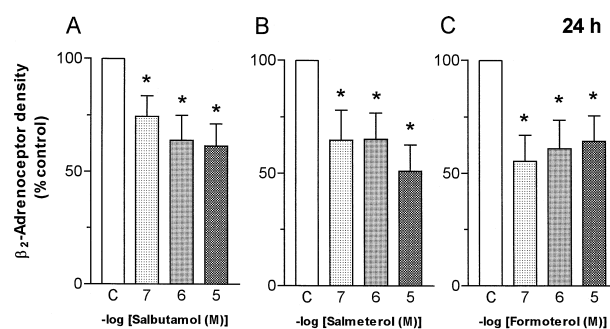


Fig. 2. Effects of salbutamol (panel A), salmeterol (panel B) and formoterol (panel C) treatment for 24 h on  $\beta_2$ -adrenoceptor density in human lung. Mean values ( $\pm$  S.E.M.) are shown, expressed as percent change from the control value; significance of difference from the control value: \*  $P < 0.05$ .

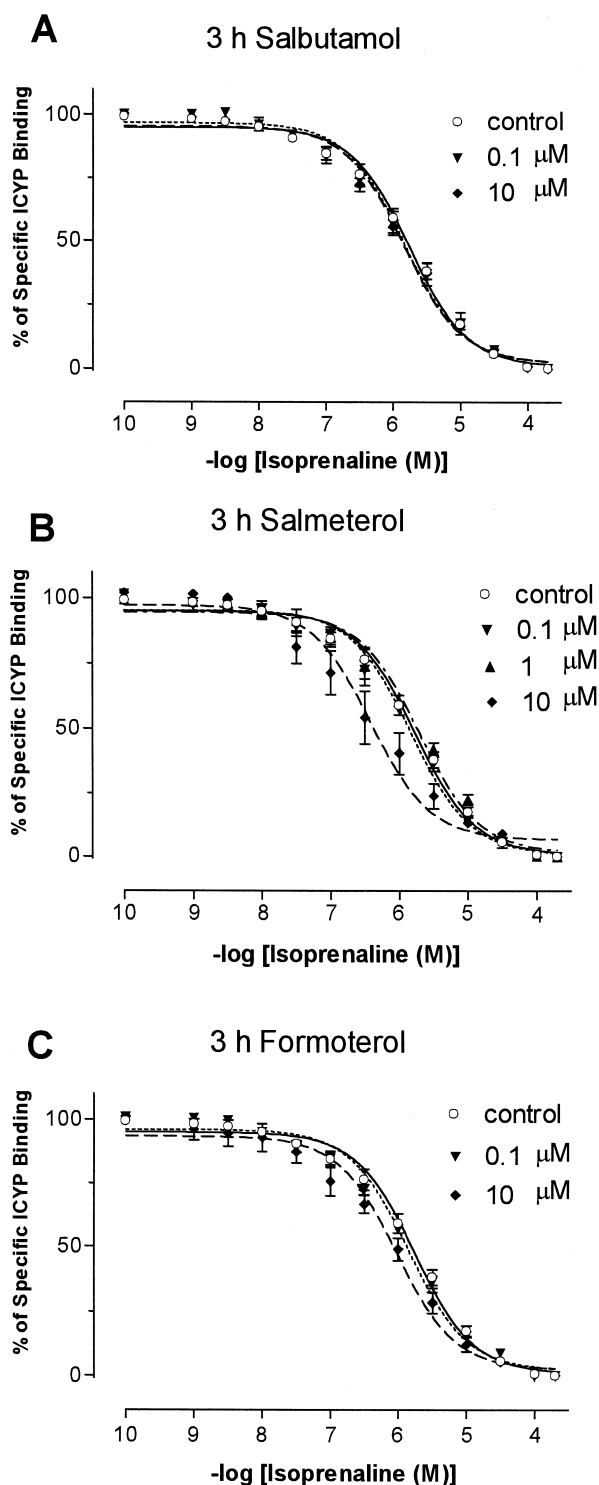


Fig. 3. Competition curves of (–)-isoprenaline for [ $^{125}$ ]iodocyanopindolol binding to human lung, treated for 3 h with salbutamol (panel A), salmeterol (panel B) and formoterol (panel C). Each data point represents the mean of seven lung membrane preparations. Only the curve obtained from human lung tissue incubated with  $10^{-5}$  M salmeterol showed a significant leftward shift.

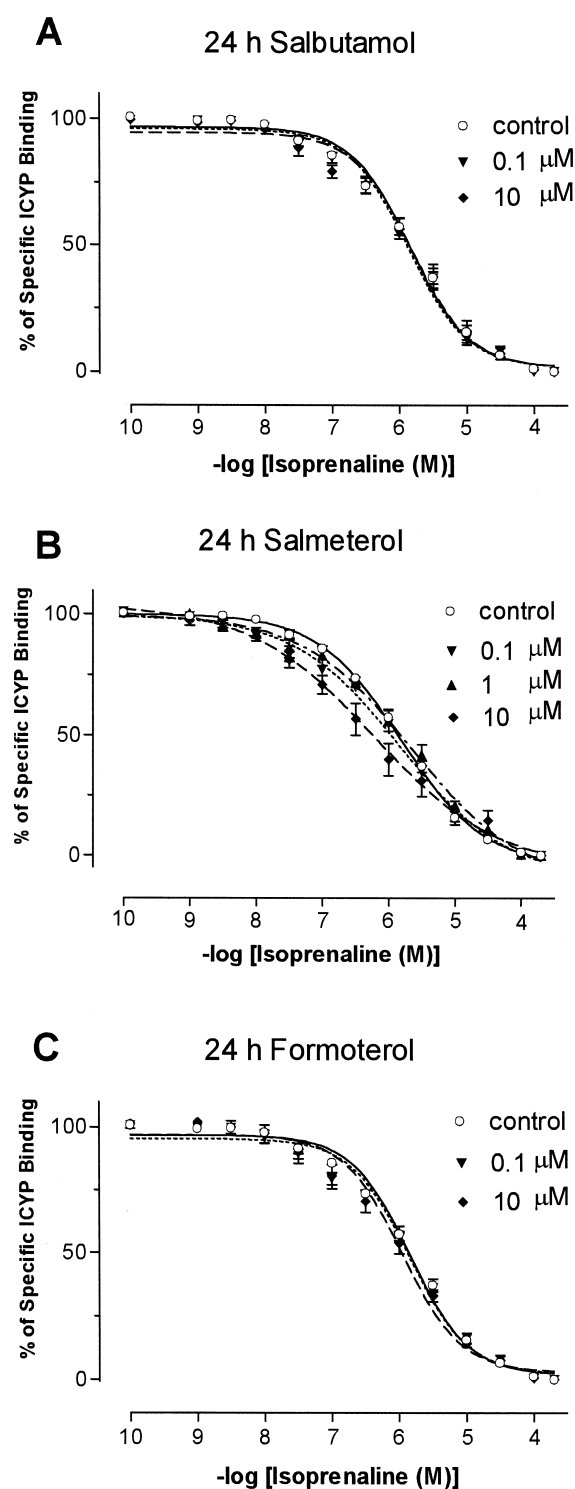


Fig. 4. Competition curves of (–)-isoprenaline for [ $^{125}$ ]iodocyanopindolol binding to human lung, treated for 24 h with salbutamol (panel A), salmeterol (panel B) and formoterol (panel C). Each data point represents the mean of seven lung membrane preparations. Only the curve obtained from human lung tissue incubated with  $10^{-5}$  M salmeterol showed a significant leftward shift.

Table 2

Effects of selective  $\beta_2$ -adrenoceptor agonists (10  $\mu$ M) on Hill coefficient ( $n_H$ ) and  $pIC_{50}$  ( $-\log IC_{50}$ ) values of (–)-isoprenaline competition curves for [ $^{125}$ I]iodocyanopindolol binding sites in human lung membranes

		$n_H$		$pIC_{50}$ ( $-\log IC_{50}$ )	
		Control	Treatment	Control	Treatment
SALB	3 h	$0.78 \pm 0.05$	$0.71 \pm 0.03$	$5.85 \pm 0.07$	$5.93 \pm 0.05$
	24 h	$0.76 \pm 0.03$	$0.70 \pm 0.03$	$5.91 \pm 0.04$	$5.92 \pm 0.10$
SALM	3 h	$0.78 \pm 0.05$	$0.57 \pm 0.05^a$	$5.85 \pm 0.07$	$6.57 \pm 0.12^b$
	24 h	$0.76 \pm 0.03$	$0.58 \pm 0.05^a$	$5.91 \pm 0.04$	$6.28 \pm 0.14^a$
FORM	3 h	$0.78 \pm 0.05$	$0.65 \pm 0.06$	$5.85 \pm 0.07$	$6.00 \pm 0.05$
	24 h	$0.76 \pm 0.03$	$0.69 \pm 0.04$	$5.91 \pm 0.04$	$5.99 \pm 0.09$

SALB, salbutamol; SALM, salmeterol; FORM, formoterol. <sup>a</sup>  $P < 0.05$ ;

<sup>b</sup>  $P < 0.01$  compared to corresponding control value.

### 3.2. Effects of selective $\beta_2$ -adrenoceptor agonists on the affinity of $\beta$ -adrenoceptors for (–)-isoprenaline

The Hill coefficient ( $n_H$ ) and  $pIC_{50}$  values of (–)-isoprenaline for the sites labelled by [ $^{125}$ I]iodocyanopindolol binding in human lung after incubation with selective  $\beta_2$ -adrenoceptor agonists are shown in Table 2. Competition curves for (–)-isoprenaline on [ $^{125}$ I]iodocyanopindo-

lol binding exhibited a steep monophasic shape characteristic of a homologous class of receptor in control, salbutamol- and formoterol-treated lung membranes (Figs. 3 and 4). Treatment with 10  $\mu$ M salmeterol for 3 h and 24 h shifted the competition curves for (–)-isoprenaline to the left and significantly reduced  $n_H$  and  $IC_{50}$  values, indicating the existence of high and low affinity states of the receptor (Figs. 3 and 4).

### 3.3. Effects of selective $\beta_2$ -adrenoceptor agonists on $\beta_2$ -adrenoceptor mRNA level

Fig. 5 illustrates the representative autoradiograms of the Northern blot analysis of human lung tissues treated without or with various concentrations of salbutamol, salmeterol and formoterol using human  $\beta_2$ -adrenoceptor cDNA probe. There were single transcripts of 2.2 kb, in agreement with our previous studies (Hamid et al., 1991; Mak et al., 1995a). The small variation between lanes was corrected by the hybridization signal with GAPDH cDNA probe. Although treatment with each of the three selective  $\beta_2$ -adrenoceptor agonists at 0.1  $\mu$ M for 3 h did not affect the  $\beta_2$ -adrenoceptor mRNA expression, treatment at 1 and

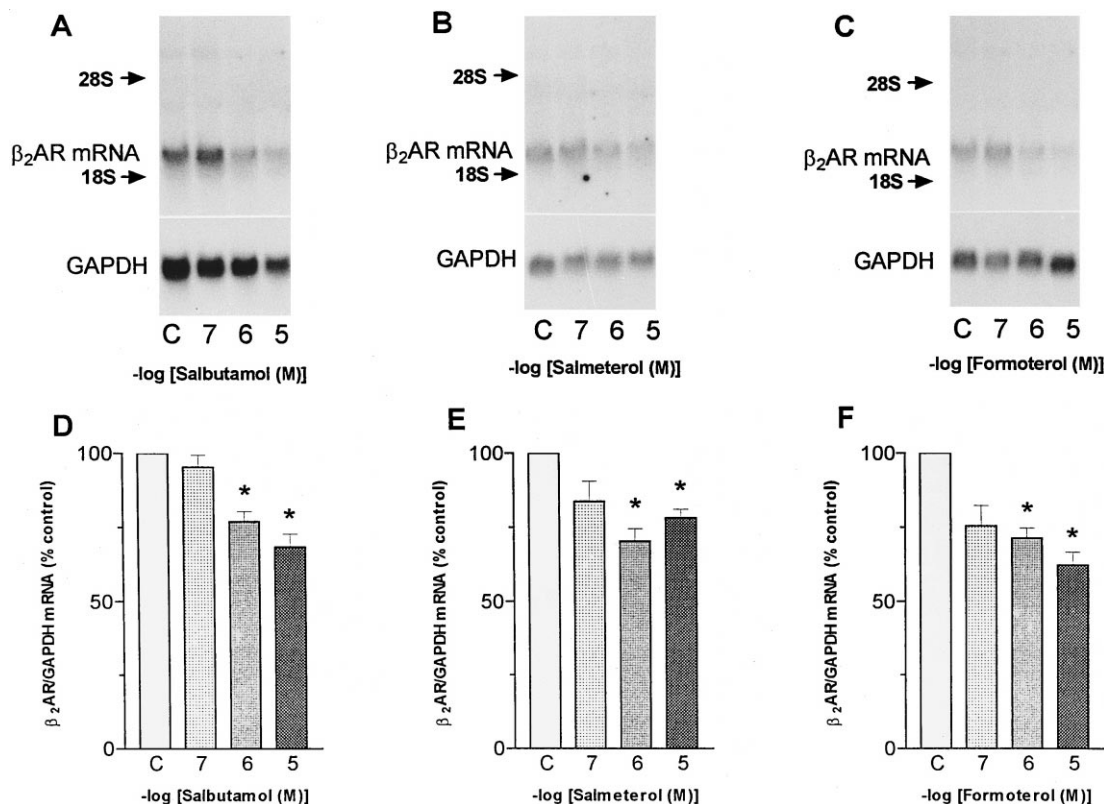


Fig. 5. Effects of salbutamol, salmeterol and formoterol treatment on  $\beta_2$ -adrenoceptor mRNA expression in human lung. Panels A–C: Representative Northern blot analysis of human  $\beta_2$ -adrenoceptor mRNA (upper panels) and GAPDH mRNA (lower panels) after incubation with salbutamol (panel A), salmeterol (panel B) and formoterol (panel C) at indicated concentrations for 3 h. The size of the mRNA was estimated from rRNA markers as 2.2 kb. Panels D–F: Densitometric measurement of  $\beta_2$ -adrenoceptor mRNA from control and after treatment for 3 h with salbutamol (panel D), salmeterol (panel E) and formoterol (panel F). Relative  $\beta_2$ -adrenoceptor mRNA abundance was expressed as percent change from the control value; significance of difference from the control value: \*  $P < 0.05$ .

10  $\mu$ M significantly reduced it to 62–78% (mean range) of the control ( $P < 0.05$ , respectively; Fig. 5D, E, F).

#### 4. Discussion

In this study, we investigated the effects of three selective  $\beta_2$ -adrenoceptor agonists, salbutamol, salmeterol and formoterol, on  $\beta_2$ -adrenoceptor protein and steady state mRNA level in human lung in vitro. Our receptor binding study using the ligand [ $^{125}$ I]iodocyanopindolol in the presence of CGP 20712 A, a selective  $\beta_1$ -adrenoceptor antagonist, showed a reduction in  $\beta_2$ -adrenoceptor density after treatment with salmeterol and formoterol for 3 h, and to all three selective  $\beta_2$ -adrenoceptor agonists after 24 h. Furthermore, Northern blot analysis showed a reduced  $\beta_2$ -adrenoceptor mRNA expression after treatment with all three selective  $\beta_2$ -adrenoceptor agonists at 1 and 10  $\mu$ M for 3 h.

Our findings are in agreement with previous studies demonstrating down-regulation of  $\beta_2$ -adrenoceptors in cell lines, animal lung and human leukocytes. Hadcock and Malbon (1988) revealed the down-regulation of  $\beta_2$ -adrenoceptor protein and mRNA expression after chronic stimulation of a hamster vas deferens cell line (DDT<sub>1</sub>MF-2) with a  $\beta$ -adrenoceptor agonist. We have also reported the down-regulation of  $\beta_2$ -adrenoceptors and steady state mRNA level in guinea pig and rat lung after prolonged treatment of  $\beta$ -adrenoceptor agonists (Nishikawa et al., 1993, 1994). Furthermore, several radioligand binding experiments with polymorphonuclear leukocytes and lymphocytes from normal humans and asthmatics have demonstrated down-regulation of  $\beta_2$ -adrenoceptors after in vitro and in vivo treatment with  $\beta_2$ -adrenoceptor agonists (Galant et al., 1978; Aarons et al., 1983; Brodde et al., 1985; Hataoka et al., 1993). In contrast, Hauk et al. (1990) have failed to demonstrate the down-regulation of pulmonary  $\beta_2$ -adrenoceptors in lung from patients treated with the  $\beta_2$ -adrenoceptor agonist terbutaline before undergoing lobectomy for lung cancer. The difference between these results and our own may relate to their patients in which some of them have been on bronchodilators, such as theophylline, before preoperative treatment with subcutaneous injection of terbutaline. This route of administration may be less susceptible for pulmonary  $\beta_2$ -adrenoceptor down-regulation.

Competition curves for (–)-isoprenaline on [ $^{125}$ I]iodocyanopindolol binding exhibited a steep monophasic shape characteristic of a homologous receptor state, even in control lung membranes. This could reflect prior  $\beta_2$ -adrenoceptor agonist therapy in the donors, who were routinely treated in intensive care units. High and low affinity states of  $\beta$ -adrenoceptors are well demonstrated by the (–)-isoprenaline competition curves for radioligand binding. Treatment with a  $\beta$ -adrenoceptor agonist results in a significant shift of the (–)-isoprenaline competition curve to

the right, indicating a change from high to low affinity state of the receptors in frog erythrocytes (Kent et al., 1980) and human lymphocytes (Meurs et al., 1987). In contrast, we found no shift of the (–)-isoprenaline competition curves after treatment with either salbutamol or formoterol, but there was a significant shift from the right to the left after salmeterol treatment. We also found an apparent decrease in  $\beta_2$ -adrenoceptor density after incubation with salmeterol and formoterol for 3 h, but no significant decrease with salbutamol. This may reflect occupation of the  $\beta_2$ -adrenoceptors with the long-acting  $\beta_2$ -agonists rather than a loss of receptors. However, a reduction in  $\beta_2$ -adrenoceptor density after 24 h with all three  $\beta_2$ -adrenoceptor agonists is more likely to reflect a loss of receptors and is consistent with the reduction in mRNA. With salmeterol treatment, there was an apparent reduction in binding affinity ( $K_d$ ) and a leftward shift of the competition curves for (–)-isoprenaline, which was not observed with either salbutamol or formoterol treatments. This may reflect the high lipophilicity and prolonged binding of this compound.

Several mechanisms of desensitization have been described. Short-term exposure (a few minutes) to  $\beta_2$ -adrenoceptor agonists results in receptor phosphorylation by both cAMP-dependent protein kinase (protein kinase A) and specific  $\beta_2$ -adrenergic receptor kinase, whereas more prolonged exposure results in changes in transcription or mRNA stability (Barnes, 1995). The reduction in  $\beta_2$ -adrenoceptor mRNA after incubation with all three  $\beta_2$ -adrenoceptor agonists is consistent with decreased synthesis of  $\beta_2$ -adrenoceptors after prolonged agonist exposure, and this measurement is independent of continued occupation of  $\beta_2$ -adrenoceptors on the cell surface.

The effects of selective  $\beta_2$ -adrenoceptor agonists on the expression of  $\beta_2$ -adrenoceptor protein and mRNA in human lung indicates that selective  $\beta_2$ -adrenoceptor agonists have the ability to down-regulate  $\beta_2$ -adrenoceptors, but the clinical relevance of this is not yet clear. We have previously demonstrated that glucocorticoids increase transcription of  $\beta_2$ -adrenoceptors in human lung in vitro (Mak et al., 1995a) and in animal lungs in vivo (Mak et al., 1995b). This suggests that glucocorticoid treatment in asthma may counteract the down-regulation of  $\beta$ -adrenoceptors and this may be particularly relevant with long-acting  $\beta_2$ -adrenoceptor agonists. Current recommendations are that patients should not be treated with long-acting inhaled  $\beta_2$ -adrenoceptor agonists unless concurrently treated with inhaled steroids (Guidelines British Thoracic Society, 1993).

#### Acknowledgements

The authors are grateful to Dr. R.J. Lefkowitz, Duke University, NC, USA for providing the cDNA probe for human  $\beta_2$ -adrenoceptors. This study was supported by

NIH Grant HL 45947, British Lung Foundation, National Asthma Campaign, UK and Glaxo Group Research (Greenford, UK).

## References

- Aarons, R.D., A.S. Nies, J.G. Gerber and P.B. Molinoff, 1983, Decreased beta adrenergic receptor density on human lymphocytes after chronic treatment with agonists, *J. Pharmacol. Exp. Ther.* 224, 1.
- Barnes, P.J., 1995, Beta-adrenergic receptors and their regulation, *Am. J. Respir. Crit. Care Med.* 152, 838.
- Barnes, P.J. and K.F. Chung, 1992, Questions about inhaled  $\beta_2$ -adrenoceptor agonists in asthma, *Trends Pharmacol. Sci.* 13, 20.
- British Thoracic Society, 1993, Guidelines on the management of asthma, *Thorax* 48 (Suppl.), S1.
- Brodde, O.E., M. Brinkmann, R. Schemuth, N. O'Hara and A. Daul, 1985, Terbutaline-induced desensitization of human lymphocyte  $\beta_2$ -adrenoceptors. Accelerated restoration of  $\beta$ -adrenoceptor responsiveness by predonisone and ketotifen, *J. Clin. Invest.* 76, 1096.
- Carstairs, J.R., A.J. Nimmo and P.J. Barnes, 1985, Autoradiographic visualization of  $\beta$ -adrenoceptors in human lung, *Am. Rev. Respir. Dis.* 132, 541.
- Cheung, D., M.C. Timmers, A.H. Zwinderman, E.H. Bel, J.H. Dijkman and P.J. Sterk, 1992, Long-term effects of a long-acting  $\beta_2$ -adrenoceptor agonist, salmeterol, on airway hyperresponsiveness in patients with mild asthma, *New Engl. J. Med.* 327, 1198.
- Chromczynski, P. and N. Sacchi, 1987, Single-step method of RNA isolation by acid guanidinium thiocyanate-phenol-chloroform extraction, *Anal. Biochem.* 162, 156.
- Cockcroft, D., C.P. McParrand, S.A. Britto, V.A. Swystun and C. Rutherford, 1993, Regular inhaled salbutamol and airway responsiveness to allergen, *Lancet* 342, 833.
- Dooley, D.J., H. Bittiger and N.C. Reymann, 1986, CGP 20712 A: a useful tool for quantitating  $\beta_1$ - and  $\beta_2$ -adrenoceptors, *Eur. J. Pharmacol.* 130, 137.
- Engel, G., 1981, Subclasses of beta-adrenoceptors. A quantitative estimation of  $\beta_{1-}$  and  $\beta_{2-}$ adrenoceptors in guinea pig and human lung, *Prostagland. Med. J.* 57 (Suppl. 1), 77.
- Galant, S.P., L. Duriseti, S. Underwood and P.A. Insel, 1978, Decreased beta-adrenergic receptors on polymorphonuclear leukocytes after adrenergic therapy, *New Engl. J. Med.* 229, 933.
- Hadcock, J.R. and C.C. Malbon, 1988, Down-regulation of  $\beta$ -adrenergic receptors: agonist-induced reduction in receptor mRNA levels, *Proc. Natl. Acad. Sci. USA* 85, 5021.
- Hamid, Q.A., J.C.W. Mak, M.N. Sheppard, B. Corrin, J.C. Venter and P.J. Barnes, 1991, Localization of  $\beta_2$ -adrenoceptor messenger RNA in human and rat lung using in situ hybridization: correlation with receptor autoradiography, *Eur. J. Pharmacol. Mol. Pharmacol.* 206, 133.
- Hataoka, I., M. Okayama, M. Sugi, H. Inoue, T. Takishima and K. Shirato, 1993, Decrease in beta-adrenergic receptors of lymphocytes in spontaneously occurring acute asthma, *Chest* 104, 508.
- Hauk, R.W., M. Böhm, S. Gengenbach, L. Sunder-Plassman, G. Fruhmman and E. Erdmann, 1990,  $\beta_2$ -Adrenoceptors in human lung and peripheral mononuclear leukocytes of untreated and terbutaline-treated patients, *Chest* 98, 376.
- Kent, R.S., A. De Lean and R.J. Lefkowitz, 1980, A quantitative analysis of beta-adrenergic receptor interactions: resolution of high and low affinity states of the receptor by computer modeling of ligand binding data, *Mol. Pharmacol.* 17, 14.
- Kerrebijin, K.F., 1991, Beta agonists, in: *Asthma, Its Pathology and Treatment*, eds. M.A. Kaliner, P.J. Barnes and C.G.A. Persson (Marcel Dekker, New York, NY) p. 526.
- Lowry, O.H., N.J. Rosebrough, A.L. Farr and R.J. Randall, 1951, Protein measurement with the Folin phenol reagent, *J. Biol. Chem.* 193, 265.
- Mak, J.C.W., M. Nishikawa and P.J. Barnes, 1995a, Glucocorticosteroids increase  $\beta_2$ -adrenergic receptor transcription in human lung, *Am. J. Physiol.* 268, L41.
- Mak, J.C.W., M. Nishikawa, H. Shirasaki, K. Miyayasu and P.J. Barnes, 1995b, Protective effects of a glucocorticoid on downregulation of pulmonary  $\beta_2$ -adrenergic receptors in vivo, *J. Clin. Invest.* 96, 99.
- Manolitsas, N.D., J. Wang, J.L. Devalia, C.J. Trigg, A.E. McAulay and R.J. Davies, 1995, Regular albuterol, nedocromil sodium, and bronchial inflammation in asthma, *Am. J. Respir. Crit. Care Med.* 151, 1925.
- Meurs, H., H.F. Kauffman, G.H. Koëter, A. Timmermans and K. De Vries, 1987, Regulation of the beta-receptor-adenylate cyclase system in lymphocytes of allergic patients with asthma: possible role for protein kinase C in allergen-induced nonspecific refractoriness of adenylyl cyclase, *J. Allergy Clin. Immunol.* 80, 326.
- Nelson, H.S., 1995,  $\beta$ -Adrenergic bronchodilators, *New Engl. J. Med.* 333, 499.
- Nishikawa, M., J.C.W. Mak, H. Shirasaki and P.J. Barnes, 1993, Differential down-regulation of pulmonary  $\beta_1$ - and  $\beta_2$ -adrenoceptor messenger RNA with prolonged in vivo infusion of isoprenaline, *Eur. J. Pharmacol. Mol. Pharmacol.* 247, 131.
- Nishikawa, M., J.C.W. Mak, H. Shirasaki, S.E. Harding and P.J. Barnes, 1994, Long-term exposure to norepinephrine results in down-regulation and reduced mRNA expression of pulmonary  $\beta$ -adrenergic receptors in guinea pigs, *Am. J. Respir. Cell Mol. Biol.* 10, 91.
- O'Connor, B.J., S.L. Alkman and P.J. Barnes, 1992, Tolerance to the nonbronchodilator effects of inhaled  $\beta_2$ -agonists in asthma, *New Engl. J. Med.* 327, 1204.
- Sears, M.R., D.R. Taylor, C.G. Print, D.C. Lake, Q. Li, E.M. Flannery, D.M. Yates, M.K. Lucas and G.P. Herbison, 1990, Regular inhaled  $\beta$ -agonist treatment in bronchial asthma, *Lancet* 336, 1391.
- Tattersfield, A.E., 1985, Tolerance to beta-agonists, *Clin. Respir. Physiol.* 21, 1.
- Taylor, D.R., M.R. Sears, G.P. Herbison, E.M. Flannery, C.G. Print, D.C. Lake, D.M. Yates, M.K. Lucas and Q. Li, 1993, Regular inhaled  $\beta$  agonist in asthma: effects on exacerbations and lung function, *Thorax* 48, 134.
- Yates, D.H., M. Worsdell, H. Sussman, M. Shaw, P.J. Barnes and K.F. Chung, 1995, Regular formoterol treatment in mild asthma: effect on bronchial reactivity during and after treatment (abstract), *Am. J. Respir. Crit. Care Med.* 151, A272.